



# **MEDICARE DIABETES PREVENTION PROGRAM**

## **Expanded Model**

# The Solution: The Medicare Diabetes Prevention Program (MDPP)

Medicare pays organizations, called MDPP suppliers, to furnish a group-based intervention to at-risk Medicare beneficiaries, using a CDC-approved National Diabetes Prevention Program curriculum.



Up to 2 years of sessions delivered to groups of eligible beneficiaries

As a Medicare preventive service, there are no out-of-pocket costs



DIE  
T



PHYSICAL  
ACTIVITY



WEIGHT LOSS

Coaches furnish MDPP services on behalf of MDPP suppliers

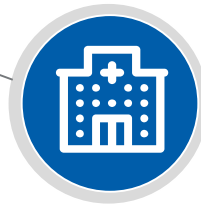
**MDPP suppliers' primary goal is to help Medicare beneficiaries achieve at least 5% weight loss**

# Who is Eligible?

MDPP is available to Medicare beneficiaries with an indication of prediabetes.

## Medicare Eligibility

Beneficiaries must have coverage through Original Medicare (Part B) or Medicare Advantage (Part C)



## Blood Tests and Body Mass Index (BMI)

Beneficiaries must present one of three blood tests indicating prediabetes and have their BMI measured

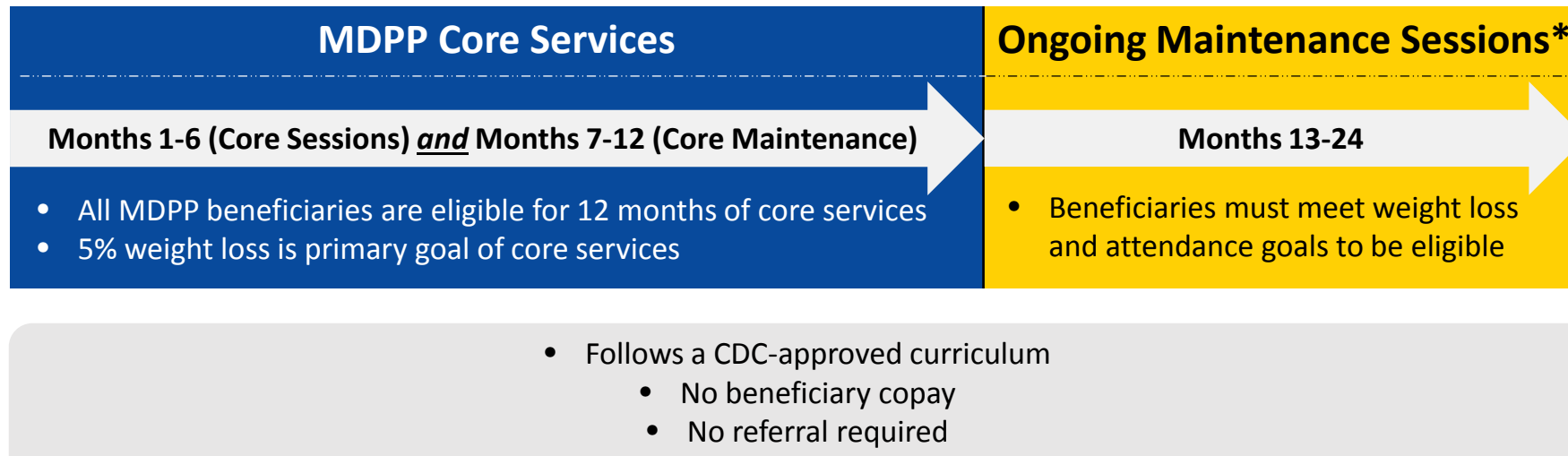


## Other Medical History

Beneficiaries must not have a previous diagnosis of diabetes or End Stage Renal Disease, and no previous receipt of MDPP services

# A Glance at What is Covered

The first year of MDPP core services includes six months of weekly core sessions followed by six months of monthly maintenance sessions; the second year is contingent upon beneficiary's achieving attendance and weight loss goals and consists of monthly maintenance sessions.



\* The ongoing maintenance sessions are unique to the MDPP services and not required for CDC recognition.